



*When you arise in the morning, think of what a privilege it is to be alive — to breathe, to think, to enjoy, to love. - Marcus Aurelius ·
Meditations, 2.1*





Dwell on the beauty of life. Watch the stars, and see yourself running with them. - Marcus Aurelius · Meditations, 7:47





How much more grievous are the consequences of anger than the causes of it. - Marcus Aurelius · Meditations, 11.18





Accept the things to which fate binds you, and love the people with whom fate brings you together, but do so with all your heart. - Marcus Aurelius · Meditations, 6.39





Never let the future disturb you. You will meet it with the same weapons of reason which today arm you against the present. - Marcus Aurelius · Meditations, 7.8

